



## Completing activities and assignments

When completing activities and assignments, there is no need to reinvent the wheel. Keep it simple and utilize skills developed in previous projects.

Think back to the last time you had to complete an assignment at school. A time when you had to work hard to understand what was required in the assignment and a time when completing an assignment came very easily to you. Try to remember for both situations as many facts as possible.

<b>Facts</b>	<b>My positive experience</b>	<b>My challenging experience</b>
What was the assignment about?		
Was the assignment a written essay, a presentation, individual or team project, a test. etc?		
How much time did you spend on completing the assignment or preparing to complete the assignment?		
Were you working with other individuals or were you working on your own?		
Were you in a space that facilitated your focus or were you in a space where you were easily distracted?		

<b>Facts</b>	<b>My positive experience</b>	<b>My challenging experience</b>
What kind of resources were available to help you complete the assignment?		
Did you have any leadership to guide you as you were completing the assignment by an instructor?		
Did you read the instructions before you started?		
Did you get stuck at any point as you were working on the assignment and if so, how did you manage that situation?		
How did you feel throughout the experience?		

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