

# INTRODUCTION

Welcome to Digital Skills for Learning Online, My Online Learning Journey!

In this module, you will become familiar with a view on learning, learning online, digital literacy, and how you can become an independent learner. You will be able to identify your learning style and understand how these styles impact learning online.

Then, you will get a glimpse into the learning online options offered at UCalgary Continuing Education. Throughout the module, you will have an opportunity to use your previous experiences as a learner to make new connections that will allow you to put into practice your new learnings right away. Get ready for your next learning adventure by completing all the short activities and writing down all your new ideas in the module's handout.

Finally, remember to take the knowledge check at the end of the module. Evaluating your learning is paramount for your success.

Happy learning!



**UNIVERSITY OF CALGARY**  
CONTINUING EDUCATION

**DIGITAL SKILLS FOR LEARNING ONLINE**

**MY ONLINE LEARNING JOURNEY**

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