## THERAPIST EVALUATION OF THE PATIENT'S READINESS TO CHANGE

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Na	me of Therapist:						
A.	Evidence of Drug Problem? No Yes						
	<ul> <li>Strongly Disagree; 2 = Disagree; 3 = Unsur</li> <li>Strongly Agree that the patient:</li> </ul>	e; 4 = Agı	ree;				
1.	Doesn't think he/she uses drugs too much.	1	2	3	4	5	(P)
2.	Is trying to use drugs less.	1	2	3	4	5	(A)
3.	Was using drugs too much at one time but has managed to change.	1	2	3	4	5	(M)
4.	Enjoys drug use but feels he/she uses too much.	1	2	3	4	5	(C)
5.	Sometimes thinks he/she should cut down on drug use.	1	2	3	4	5	(C)
6.	Has changed his/her drug use but is looking for ways to keep from slipping back to the old pattern.	1	2	3	4	5	(M)
7.	Feels that it is a waste of time talking about drug use.	1	2	3	4	5	(P)
8.	Has recently changed his/her drug use.	1	2	3	4	5	(A)
9.	Wants to keep from going back to the drug problem he/she had before.	1	2	3	4	5	(M)
10.	Is actually doing something about his/her drug use.	1	2	3	4	5	(A)
11.	Feels he/she should consider using drugs less.	1	2	3	4	5	(C)
12.	Feels that drug use is a problem sometimes.	1	2	3	4	5	(C)
13.	Feels that there is no need for him/her to to change his/her drug use.	1	2	3	4	5	(P)
14.	Is changing his/her drug use habits.	1	2	3	4	5	(A)
15.	Feels it would be pointless to use drugs less.	1	2	3	4	5	(P)
16.	Has made some changes in drug use and and wants help to keep from going back to the way he/she used to use.	1	2	3	4	5	(M)

Please circle the stage that you feel best describes the patient's readiness to change their drug use? P = Precontemplation; C = Contemplation; D = Determination;A = Action; M = Maintenance