

# Gambling Cognition Inventory

Strongly  
Disagree

Somewhat  
Disagree

Somewhat  
Agree

Strongly  
Agree

1. After losing, people should go back to win back the money they lost	0	1	2	3
2. I am certain that my time for a big win is soon	0	1	2	3
3. Although I am upset when I lose, I use it as a learning opportunity to improve my gambling	0	1	2	3
4. I am a very skilled gambler	0	1	2	3
5. I can sense when I am going to win	0	1	2	3
6. I am very confident about my gambling ability	0	1	2	3
7. I can analyze my wins to give me strategies to make me a better gambler	0	1	2	3
8. After losing, I know I can win back the money I lost	0	1	2	3
9. I can stay ahead or keep even by winning back money I have lost	0	1	2	3
10. I can tell when I am lucky or I am having a lucky day, and that is a good day to gamble	0	1	2	3
11. It is good to look for special signs that might help a person win	0	1	2	3
12. I lose because I am having a bad or unlucky day	0	1	2	3
13. I need to keep a positive attitude to help me win at gambling	0	1	2	3
14. Repeating certain phrases or thoughts to myself will give me good luck	0	1	2	3
15. People should take advantage of times when they have good luck, and gamble more	0	1	2	3
16. I try not to dwell on my losses and focus on my wins	0	1	2	3
17. I try to associate with people who win at gambling, who I think are lucky	0	1	2	3
18. I try to figure out why I lost	0	1	2	3
19. A winning attitude will improve my chances in gambling	0	1	2	3
20. If I use special rituals, I can avoid bad luck	0	1	2	3
21. I will get better at gambling with practice	0	1	2	3
22. If I don't have good connection with the slot machine or VLT, I'm more likely to lose	0	1	2	3
23. If I forget a certain special item at home, I wouldn't be as lucky while gambling	0	1	2	3
24. If I have negative thoughts, it contributes to my bad luck and losses	0	1	2	3
25. The more I lose, the closer I am to winning	0	1	2	3
26. If you are having a losing streak, you should keep gambling	0	1	2	3
27. In roulette, a good strategy is to bet on numbers (or suits or colours) that have not come up recently, as they are due to win	0	1	2	3
28. Staying at the same machine increases my chances of winning	0	1	2	3
29. The more skilled at gambling I become, the more money I expect to win	0	1	2	3
30. There are certain strategies that can help people win on a slot machine	0	1	2	3
31. When I win at gambling, I know that it is just a fluke *	0	1	2	3
32. You have a better chance of becoming rich by gambling than by working	0	1	2	3
33. You must work hard at gambling to be able to do well	0	1	2	3

\* (31) is a reverse scored item.

The original manuscript describes scale development, reliability, and validity: McInnes, A., Hodgins, D. C., & Holub, A. (2014). The Gambling Cognitions Inventory: Scale development and psychometric validation with problem and pathological gamblers. *International Gambling Studies*, 14(3), 410-431. <http://dx.doi.org/10.1080/14459795.2014.923483>