

### Gambling Abstinence Self-efficacy Scale (GASS)

Negative Emotions	Positive mood Testing/Urges	Winning/External Situations	Social Factors
1 _____	5 _____	14 _____	8 _____
2 _____	6 _____	15 _____	10 _____
3 _____	7 _____	16 _____	13 _____
4 _____		17 _____	
9 _____		18 _____	
11 _____		19 _____	
12 _____			
20 _____			
21 _____			
Total: _____/9 = _____	Total: _____/3 = _____	Total: _____/6 = _____	Total: _____/3 = _____

Overall total = \_\_\_\_\_/21 = \_\_\_\_\_

### Temptations for Gambling Scale (TGS)

Negative Affect	Positive mood or Impulsivity	Seeking Wins or Money	Social Factors
1 _____	2 _____	15 _____	9 _____
3 _____	6 _____	16 _____	14 _____
4 _____	7 _____	18 _____	20 _____
5 _____	8 _____	19 _____	
10 _____	17 _____		
11 _____			
12 _____			
13 _____			
21 _____			
Total: _____/9 = _____	Total: _____/5 = _____	Total: _____/4 = _____	Total: _____/3 = _____

Overall total = \_\_\_\_\_/21 = \_\_\_\_\_

