

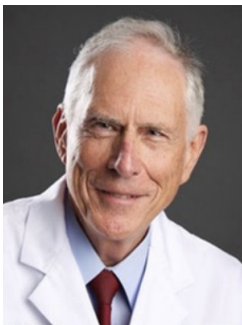
# THE HEADACHE FILES

TRUE TALES & REAL RELIEF

BY WERNER J. BECKER MD, FRCPC  
FOREWORD: MICHAEL KNASH MD, FRCPC

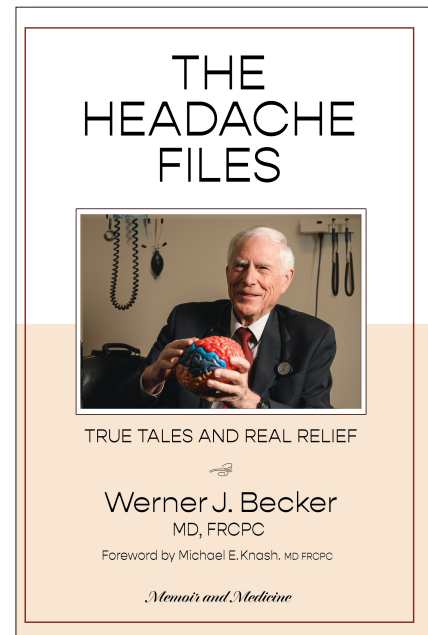
*The Headache Files: True Tales and Real Relief* offers a fascinating look inside the world of headaches and headache medicine. Dr. Werner Becker, one of Canada's most eminent specialists, shares insights from his decades of practice, revealing the causes, treatments, and human stories behind headaches and migraine. Woven throughout is Dr. Becker's own memoir, tracing his journey as a physician and researcher dedicated to understanding pain. Written with warmth and clarity, the book transforms complex science into an engaging exploration of suffering and relief—providing insight and hope for anyone who has ever experienced the torment of a headache.

## ABOUT THE AUTHOR



Dr. Werner Becker is a neurologist and Professor Emeritus at the University of Calgary whose lifelong curiosity about the human brain has helped countless people find relief from pain. After earning his MD from the University of Manitoba and training in neurology at McGill University, he founded Calgary's

innovative Headache Assessment and Management Program. A compassionate clinician and leading expert, he has published over a hundred papers and served on international boards for headache research. Recipient of numerous awards, Dr. Becker is also an avid wilderness traveller and author of *Rafting the Great Northern Rivers* and *Rafting the Snake*.



*“The Headache Files* provides interesting patient cases coupled with relevant medical information, history, humour, and compassion, while also discussing advances made in the field of headache medicine. Dr. Becker is a Canadian pioneer in this field and has contributed significantly to the improvement of headache care and management.”

— Dr. Farnaz Amoozegar  
*Neurologist and Headache Specialist  
Cumming School of Medicine, U of C*

**Durvile** Imprint of Durvile Publications

HEALTH & FITNESS Headaches & Migraines

BIOGRAPHY & AUTOBIOGRAPHY / Medical

ISBN: 978-1-997848-00-4

*E-book and audiobook are also available*

Release date, May 2026

6" x 9" | 288 Pages

\$29.95 in Canada, \$24.95 US

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