

Dr. Tavis Campbell is a Professor of Clinical Psychology and Adjunct in Oncology at the University of Calgary, where he also holds the position of Director of Clinical training. He obtained his Ph.D from McGill University and completed a Postdoctoral Fellowship at Duke University Medical Centre. His research interests involve identifying and understanding the bio-behavioral mechanisms involved in the development, progression, and management of chronic diseases, such as hypertension, cancer and insomnia. Dr. Campbell has published results from several behavior-based RCTs in the areas of cancer, pain, and chronic disease management, including the i-can sleep trial targeting insomnia in cancer survivors. In addition, he is actively involved in the Canadian Hypertension Education Program (CHEP) and is Chair of the Adherence Committee and an active member of the Knowledge Translation Committee at Hypertension Canada. Finally, Dr. Campbell is regularly sought out by a variety of healthcare professionals (e.g., physicians, rheumatologists, nurses, dermatologists) to deliver workshops with a focus on motivating health behavior change and improving patient-provider communication.