

## BEFORE YOU GO

### Register Your Travel

- Register with the University of Calgary Travel Registration system at <https://iac01.ucalgary.ca/RiskMgmt/>. This allows us to contact you if we become aware of an emergency in the country/area to which you are travelling. It also allows us to assist you if you phone the University in an emergency situation.
- Register with the Government of Canada at <http://travel.gc.ca/travelling/registration>. This allows the consulate to contact you in an emergency situation.

### Download the Emergency Apps on your Smartphone and Make Note of the Emergency Phone Numbers

- Download the International SOS Assistance App for mobile phones. Visit <http://app.internationalsos.com> on your smartphone. Download the application. Enter the university's membership number **27AYCA093142**. This will give you 24 hour access to telephone advice from a physician and referrals to more than 79,000 global, vetted providers for medical and security situations. It also gives you travel information and alerts for each country.
- Download the Government of Canada app Travel Smart from <http://travel.gc.ca/mobile>. This gives you access to all of their country information.
- International SOS - **Phone:** 1-215-354-5000 (call collect)
- University of Calgary – Emergency Security Dispatch – 24 hrs/365 days  
**Phone:** 1-403-220-5333 (call collect)  
**Email:** [assist@ucalgary.ca](mailto:assist@ucalgary.ca)

### Complete the eLearning – International SOS Travel Risk Awareness course

- Register with your **@ucalgary.ca** email address for the Travel Risk Awareness course at <https://traininghub.internationalsos.com/curie/>. This will give you the ability to email or print certificates showing completion of each module.

### UCalgary Emergency Assistance Card

Print off the UofC Emergency Assistance Card at <https://ucalgary.ca/risk/sites/default/files/teams/16/emergency-assistance-card.pdf> which has a collection of important websites, phone numbers and instructions in the event of an emergency abroad. This card can be easily printed and carried in your wallet. You can also email us at [riskmgmt@ucalgary.ca](mailto:riskmgmt@ucalgary.ca) to obtain cards.

### Government of Canada Assistance

- Canadian Consular Emergency Assistance (Ottawa) - +1 613 996 8885 (call collect where available)
- Access the list of Canadian Government Offices Abroad at <http://travel.gc.ca/assistance/embassies-consulates>

### Other Items:

- Review your travel emergency health and repatriation coverage.
- Check out international travel information, University International Travel policies and other resources at <https://ucalgary.ca/risk/risk-management-insurance/travel>
- **If you are doing field work**, review the Field Level Hazard Assessment form at <https://ecs.ucalgary.ca/sites/ecspilot/risk/Web%20Files%20Private/Environment%20Health%20and%20Safety/field-level-hazard-assessment-2011.11.28.final.doc?Web=1>