UCalgary has Updated its COVID-19 isolation Guidance

Employees and students who are sick must not come to campus and should complete the Alberta Health Services (AHS) COVID-19 Self-Assessment for Albertans, be tested for COVID-19, and follow the direction of AHS. Employees and students who have close contacts who are positive for COVID-19 cannot attend campus unless fully immunized and feeling well.

Staff may request to stay home to care for someone who is ill or isolating. Please contact your Reports to Manager for time coding information.

If an employee is well enough to work but is excluded from attending campus as per the above noted guidelines, where appropriate and possible, they should discuss the option of a temporary remote working arrangement with their manager until such time they are well enough and/or cleared to return to campus. Please use the following guide to determine if you can be on campus.

If you have any questions about this guidance please contact the Occupational Health Nurse at ohn@ucalgary.ca
**Should I come to campus?**

**Feeling sick?**

- **Yes**: Complete the AHS COVID-19 Self Assessment. Read more.
  - Result: Isolation required
    - Continue to isolate. Notify the Occupational Health Nurse ohn@ucalgary.ca
  - Result: Isolation not required
    - Stay at home until you are no longer feeling ill.

- **No**: Check if you have had close contact* with someone who is sick?
  - Yes: Has this person tested positive for COVID-19?
    - Yes: Are you fully immunized?
      - Yes: Continue to isolate. Notify the Occupational Health Nurse ohn@ucalgary.ca
      - No: Book your COVID-19 test
    - No: Book your COVID-19 test and continue to isolate until results are known
  - No: Have you had close contact* with someone who is sick?
    - Yes: Has this person tested positive for COVID-19?
      - Yes: Are you fully immunized?
        - Yes: Continue to isolate. Notify the Occupational Health Nurse ohn@ucalgary.ca
        - No: Book your COVID-19 test
      - No: Book your COVID-19 test and continue to isolate until results are known
    - No: Complete the AHS COVID-19 Self Assessment. Read more.
      - Result: Isolation required
        - Continue to isolate. Notify the Occupational Health Nurse ohn@ucalgary.ca
      - Result: Isolation not required
        - Stay at home until you are no longer feeling ill.

**Come to Campus**

- **Yes**: Have your symptoms resolved?
  - Yes: Continue to isolate. Notify the Occupational Health Nurse ohn@ucalgary.ca
  - No: Fully Immunized: Received two doses of Health Canada approved COVID-19 vaccine and two weeks has passed since receiving second dose. *Close contacts include those who:*
    - provide direct care or who had other similar close physical contact for the individual, including health care workers, family members or other caregivers, without consistent and appropriate use of personal protective equipment (PPE) OR
    - lived with or otherwise had close prolonged contact (i.e. for more than 15 min and within 2 metres) with an individual without consistent and appropriate use of personal protective equipment (PPE) OR
    - had direct physical contact (e.g. shaking hands, fist bumping, kissing) and had direct contact with infectious body fluids while not wearing recommended PPE.