Start something.

Graduate

New to Calgary Student Checklist

International Student Services (MSC275)

Once You Have Arrived	
☐	**Finalize Accommodation:** Explore campus residence and off-campus housing options.
☐	**Secure Your Documents:** Save digital copies of your passport, study permit, and temporary resident visa (if applicable). Note all expiry dates.
☐	**Health Insurance:** Register for the Alberta Health Care Insurance Plan (AHCIP) and confirm you are enrolled in the GSA Health and Dental Plan
☐	**Social Insurance Number (SIN):** Required for employment, banking, taxes, and funding. Learn how to obtain your SIN, then update your SIN in the system by Sept 10 (Fall) or January 10 (Winter) of the current year. • **Graduate Assistants (GAT); Graduate Assistant (Non-Teaching) (GANT); and Graduate Assistant Research (GAR):** Update your Student Record with your SIN to ensure payment.
☐	**Canadian Cell Phone Plan:** Find information on cell phone plans and SIM cards.
☐	**Canadian Bank Account:** Review banking options in Canada.
☐	**IT Account:** Register for a UCalgary IT account to access MyUCalgary, Wi-Fi, email, and other campus services.
☐	**Student ID Card (UNICARD/UCID):** Follow the steps to get your card. Pick it up from the Campus Service Centre at International House once your photo is approved.
☐	**U-PASS (Transit Pass):** Activate your U-PASS on the first day of each semester. Download the Calgary Transit app.
☐	**Update Personal Information:** Add your new address and phone number in MyUCalgary.
☐	**Academic Deadlines:** Know your tuition fee payment and add/drop deadlines. Check the Academic Schedule.
☐	**Academic Advising:** Learn about academic advising services available to you.
☐	**Textbooks & Supplies:** Find what you need at the UCalgary Bookstore or Bound & Copied.
Exchange, Visiting & Open Studies Students	
☐	**Course Registration:** Finalize your course registration. Questions? Email iexch@ucalgary.ca.
☐	**Health Insurance:** Confirm you have medical insurance coverage for your time in Canada.
☐	**U-PASS Payment:** You are automatically charged for a U-PASS. Learn how to pay your fees.
☐	**Home Institution Forms:** Contact iexch@ucalgary.ca or visit the Study Abroad office in Science B (SB101).
★ Get Involved & Explore Campus	
☐	**Follow ISS on Instagram:** @ucalgaryiss — stay updated on events, reminders, and student life.
☐	**ISS Events Calendar:** Browse upcoming social events and workshops designed for international students.
☐	**Campus Map:** Use the UCalgary Interactive Map to find buildings, classrooms, and services.
☐	**Welcome Centre (MSC 275):** Your first stop for settling in and getting questions answered.
☐	**Active Living:** Stay active with the gym, pool, fitness classes, intramurals, climbing wall, and more.

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Graduate

New to Calgary Student Checklist

International Student Services (MSC275)

☐	**UCalgary Libraries:** Find study spaces, academic resources, and research support.
☐	**Students' Union & Clubs:** The Students' Union has over 300 clubs to join.
☐	**UC Safety App:** Download the university safety app to stay updated on emergency management.

International & Exchange Student Orientation

☐	**Pre-Arrival Program:** Ensure you are enrolled and have access to the Pre-Arrival Program on Desire2Learn (D2L).
☐	**Orientation Sessions:** ISS offers various orientation sessions. Register for upcoming sessions or view past sessions on the Pre-Arrival D2L.

Academic, Wellbeing & Career Support

A variety of units and services are available to support your academic and personal growth. Whether you need advising, mental health support, career guidance, or community — we are here for you. Student Services | University of Calgary

International Student Services (MSC 275) Get support, advising, and connect with our team. Access extensive immigration guidance.	**Centre for Career and Personal Development** (MSC 188) Career and life design advising, including guidance on working in Canada as an international student.
Chancellor Cuthbertson Student Success Centre (TFDL, 3rd Floor) Academic support including exploratory advising, writing assistance, academic advising, and workshops.	**Student Accessibility Services** (MSC 452) Accommodations and support tailored to individual needs, helping students overcome barriers and succeed.
Student Ombuds Office (MSC 275A) Confidential, impartial support for navigating academic and non-academic challenges and resolving conflicts.	**Student Conduct Office** (DC 03) Guidance on rights and responsibilities, addressing conflicts, and ensuring respect and integrity are protected.
Scholars Academy (SSC/TFDL, 3rd Floor) Empowers high-achieving students with additional opportunities for personal, academic, and professional growth.	**Student Wellness Services** (MSC 370) On-campus health and wellness centre — medical, mental health, nutrition, chiropractic, and massage appointments.

★ Additional Resources

☐	Faculty of Graduate Studies (MacKimmie Tower - MT Floor 2) Supports graduate education by setting academic standards, admissions, funding, and providing help to students and supervisors. • Graduate Student Support & Advising Specialists: discuss any matter impacting academic success. • Other important resources and supports for graduate students.
☐	**Enrolment Services** (HNSC 220) supports graduate students with financial aid and transcripts.
☐	Scholarships & Bursaries: Learn how to apply for financial awards. Note: SIN must be updated by the 10th of the month before your funding date.
☐	**Campus Security:** Call 403.220.5333. To request a Safewalk, visit Safewalk | Campus Security.

Access a digital version of this checklist with clickable link