Student and Enrolment Services

Dear Student,

If you remained in Calgary for the spring and summer terms, we hope you're enjoying the warmer weather and all that the city has to offer, now that businesses and city services have begun to reopen.

For all international students, including those who returned to their home countries, please know that Student and Enrolment Services teams are available and accessible to you remotely, should you need assistance.

For those students in Calgary who are interested in a study space on campus, the Student Wellness Services' Campus Community Hub is now open from 10 a.m. to 4 p.m., Monday through Friday.

**Scam Warning**

Protect yourself from scams, fraud and phishing! This period of uncertainty can be stressful for many, and students are common targets for scams.

For information regarding scams and how to protect yourself, visit our COVID-19 FAQ page and the Government of Canada's Anti-Fraud Centre.

**Important Dates**

- **Aug. 3:** Alberta Heritage Day (university closed)
- **Aug. 12:** Summer intersession classes end; Last day to withdraw
Virtual Study Hall
Looking for some support and connections? Let the Student Success Centre help you in this online study session!

**Date:** Wednesday, July 15 (M/W/F until August 14)
**Time:** 1 – 3 p.m.
Learn more and register [here](#).

Emotional Wellness: Learning How to be Attentive to Both Positive and Negative Feelings
Learn how to maintain a sense of emotional wellness and contentment through intentional daily practices, relaxation techniques, resilience skills and lifestyle modifications.

**Date:** Tuesday, July 21
**Time:** 10:30 – 11:45 a.m.
Learn more [here](#).

3-Minute Thesis Competition
Watch UCalgary's top graduate students present their research in only three minutes. Topics will include cannabis research, vaccines, coyotes, and more.

**Date:** Friday, July 24
**Time:** 3 – 4 p.m.
Learn more and RSVP [here](#).

Virtual Power Hour
Calling all undergraduate students! Need help making your job search more effective? Attend Career Services' workshops for tips and tricks to make you stand out as a job candidate.
Upcoming workshops:

- **July 15, noon – 1 p.m.**: Your Job Search — Prep and Plan
- **July 16, 11 a.m. – noon**: Your Job Search — Taking Action
- **July 21, 2 – 3 p.m.**: Resumes
- **July 22, noon – 1 p.m.**: Cover Letters
- **July 23, 11 a.m. – noon**: LinkedIn Profile

Visit [CareerLink](#) for event details and to register.

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**Connect with your campus community!**

The UCalgary COVID-19 volunteer response team is hosting several online events to keep you connected over summer.

Coming up:

- **July 16, 1 – 2 p.m.**: Exercise Together. Register [here](#).
- **July 17, 4:30 – 5:30 p.m.**: Bollywood Dance Together. Register [here](#).

Find more events, like daily stretching sessions to keep you active, on the [main event page](#).

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**Upcoming Faith and Spirituality Centre events**

- **Morning Prayer, Worship and Bible Reading** (weekly until August 28)
- **Discovering the Power of Prayer** (weekly until August 27)
- **Secular Buddhist Book Club** (weekly until July 28)
- **Outdoor Meditation** (weekly until July 30)
- **Simple Chefs** (weekly until August 26)
- **Quranic Study** (weekly until August 26)
ucalgary.ca/iss

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