Dear Student,

Have you received your COVID-19 vaccine yet? If you haven't been vaccinated, or don't know if you're eligible to receive one yet, be sure to review our ISS COVID-19 FAQ page.

If you have questions about the process or about the vaccines in general, register for our information session on May 25 with Alberta Health Services on immunizations. Details below.

Alberta's vaccine eligibility and requirements may change at a moment's notice. Check the Government of Alberta's website and our ISS COVID-19 FAQ page regularly to stay updated.

Stay well!

International Student Services

---

Webinar: Learn more about COVID-19 immunization

A representative from Alberta Health Services (AHS) will be present to share important information about COVID-19 and the vaccine program. Learn what COVID-19 is, who should get the vaccine, possible side effects and more.
You'll also have the ability to ask your own questions about the virus or vaccines.

Date: Tuesday, May 25
Time: 10 – 11 a.m. MDT

Register »

Important dates and information

- **May 24:** University closed (Victoria Day)
- **June 10:** Spring convocation

**Volunteer opportunity**

Are you a UCalgary student in your third year or beyond? Become a mentor for future international students to help them transition to life at UCalgary while developing valuable skills yourself.

The ISS Mentorship program has exciting changes coming this year. Visit the [mentorship website](#) to learn more. You can apply for the upcoming intake starting **June 1.**

**Online events and workshops**

**Failure or opportunity? Learning from career setbacks**

Do you feel like you have made a "career mistake," or felt it difficult to overcome setbacks? In this two-part workshop, Career Services will show you how to move forward from past "mistakes" or "failures" in order to achieve your career goals.

Date: Thursday, May 20 and 27
Time: 1 – 2:30 p.m. MDT

Register on CareerLink »

**Hear me out: Anti-Asian racism and identity**

Want to learn more about what the impact is of living in a normalized racial prejudice? The Faith and Spirituality Centre has invited guest panellists to share what it means to be Lutheran and Canadian of Chinese or Japanese ancestry.

Date: Sunday, May 23
Time: 4 – 5:30 p.m. MDT
**Self and others group**

Interested in a safe space to better understand yourself? Do you feel alone, isolated or empty?

*Student Wellness Services* is leading a four-week support group to help you learn about yourself while addressing any areas of concern.

**Date:** Tuesday, May 25  
**Time:** 10 – 11:30 a.m. MDT

Register »

---

**Stories of Asian identities on campus and in community**

Did you know May is Asian Heritage Month in Canada? Join *University of Calgary International* as they host a panel discussion to learn about the impact, achievements and contributions Canadians of Asian descent have had in this country.

**Date:** Tuesday, May 25  
**Time:** 4 – 5:30 p.m. MDT

Register »

---

**Game Nights with ISS**

Want to relax, play some games, and meet other students? Join us as we play virtual games like JackBox, Among Us, and more. These events are the perfect chance for you to take a break and have some fun.

**Date:** Tuesday, May 25  
**Time:** 6 – 7:30 p.m. MDT

Register »

---

**Launch Your Career: Extended Program**
This free online course from Career Services will help you develop skills for navigating your career aspirations, the job search and life in the workplace.

**Date:** May 25 – June 28 (five weeks, asynchronous)

Register on CareerLink »

---

**Workshop series: Mental health and healthy lifestyles**

Are you a student of Colombian descent? Interested in learning how to manage your mental health and well-being? Join the Consulate of Colombia in Calgary for this workshop series to learn strategies and tools to improve your mental health, well-being and overall quality of life.

**Date:** Thursday, May 27 (four sessions)
**Time:** 6:30 – 8:30 p.m. MDT

To learn more and to register, please email ccalgary@cancilleria.gov.co.

---

**English corner: Meet and greet**

New to Canada? Want to improve your English speaking skills, while making new friends?

Join the Faith and Spirituality Centre as they host a meet and greet to learn about the English Corner program, meet the volunteer facilitators and practice your English communication skills.

**Date:** Saturday, May 29
**Time:** 1 – 2:30 p.m. MDT

Register »

---

**Graduate student workshop: How to advance your career this summer**

Interested in advancing your career? Career Services will help you identify career options that...
align with your interests, skills, values and strengths.

**Date:** Thursday, June 3  
**Time:** 10 – 10:30 a.m. MDT

[Register on CareerLink »](#)

---

**Permanent residence information session**

Interested in staying and working in Canada after you graduate? A Regulated Canadian Immigration Consultant (RCIC) will present basic information on permanent residence (PR) pathways that may be available to you.

**Date:** Wednesday, June 9  
**Time:** 9 – 11 a.m. MDT

Registration opens May 26. [Learn more »](#)

---

**Want more events?**

Check out our [events calendar](#) for a complete list of events and workshops for international students.

---

**Participate in research**

Want to be a part of some of the groundbreaking research at UCalgary? Check our [Get Involved](#) page to see what's available for international students.

Are you a study coordinator in need of research study participants? Submit a [research participant request](#).

---

**ucalgary.ca/iss**

This message was sent to because you are listed as subscribed to receive email communications from Student and Enrolment Services at the University of Calgary.

Don't want to receive this email? No problem. To unsubscribe from future messages like this, click here.

---

© University of Calgary 2021  
[Privacy Policy](#)