Dear Student,

Want to get involved on campus and meet other students who share your interests? Check out a student club!

Until Jan. 21, the Students' Union is hosting an online Clubs Week. With over 300 student clubs at UCalgary, you'll be sure to find a group that fits your interests. Joining a club is a great way to not only meet new people but develop important skills in communication, teamwork and more.

Learn how you can attend Clubs Week »

Questions? Email clubsoff@ucalgary.ca.

Have a great week!

International Student Services
and teach you useful strategies that will support your physical, mental and emotional health.

**Date:** Tuesday, Jan. 26  
**Time:** 10 – 11:30 a.m. MST

[Learn more and register »](#)

### Important dates & information

- **Jan. 21:** Last day to drop a winter term course without financial penalty  
- **Jan. 22:** Last day to add or swap a winter term course  
- **Jan. 29:** Fee payment deadline for the winter term

### IRCC Travel Update

The Government of Canada announced that anyone flying to Canada will need to present a negative COVID-19 test result to the airline before boarding their flight. Please make arrangements to complete a COVID-19 test within 72 hours prior to travelling to Canada. For more details, click here.

### Online events and workshops

#### Online Unwind: Virtual Puzzles

Need a break? Want to make some new friends? Join Leadership and Student Engagement as they host a virtual game session to solve puzzles and give you an opportunity to meet and chat with other students.

**Date:** Thursday, Jan. 21  
**Time:** 2 – 3 p.m. MST

[Register here »](#)

#### Tips and tricks for living in Canada

New to Canada? Interested in learning some helpful ideas such as affordable shopping locations, finding furniture and where to get essentials? Join the Graduate Students' Association as they host a session to learn and share ideas about Canadian culture, weather, and more.

**Date:** Thursday, Jan. 21  
**Time:** 4 – 5:30 p.m. MST

[Register here »](#)
Career development for international students

Want to work in Canada but not sure where to begin? Liliana Gonzalez from Career Services will be hosting several workshops specifically designed for international students to help you prepare for a successful career in Canada.

- **Jan. 20, 10 – 11:30 a.m. MST:** How to write a Canadian resume and cover letter
- **Jan. 25, 10:30 a.m. – noon MST:** Canadian interviews and how to prepare for one

Learn more and register on CareerLink »

Student Success Centre (SSC) workshops

Looking for ways to succeed as a student? SSC is available to answer your questions about online learning, as well as learning in your first year at UCalgary. They’ll provide advice on how to study for classes, creating a time management plan or any other topics related to learning that you wish to know about. Also, check out SSC’s guide on studying at UCalgary from outside Canada.

**Student success seminar series**

- **Thursday, Jan. 21:** 3:30 – 4:30 p.m. MST
- **Tuesday, Jan. 26:** 11 a.m. – noon MST
- **Wednesday, Jan. 27:** 3 – 4 p.m. MST

**Transitioning to your first year**

- **Wednesday, Jan. 20:** 11 a.m. – noon MST
- **Thursday, Jan. 21:** 6:30 – 7:30 p.m. MST

**TED talks & discussion (weekly until Apr. 13)**

- **Tuesday, Jan. 26:** 11 a.m. – 12:30 p.m. MST

Learn more and register »

Ask a counsellor
Have questions about counselling, mental health, or how to stay well during school? In this interactive workshop, Student Wellness Services counsellors Danni Lei and Alex Klassen answer your questions about student life, relationships, personal wellbeing and everything in between.

**Date:** Wednesday, Jan. 27  
**Time:** Noon – 1 p.m. MST  
[Register here »](#)

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**Global Café: The art of origami with Ori-Aid**

Need a break from your classes? Grab some paper and join ISS and the Ori-Aid club for fun icebreaker games and an origami lesson.

**Date:** Thursday, Jan. 28  
**Time:** 5 – 6:30 p.m. MST  
[Register here »](#)

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**Navigating Alberta Health Insurance & Services**

Whether you’ve recently arrived in Calgary or have lived here for a while, it’s important to understand how both healthcare insurance and health care services work. ISS is hosting two presentations from Alberta Health Services to help you navigate these important systems so you are confident when seeking support for physical or mental health challenges.

- **Feb. 2, 10 – 11 a.m. MST:** The health insurance system in Alberta  
- **Feb. 3; 10 – 11 a.m. MST:** Your healthcare choices in Alberta

[Learn more and register »](#)

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**Permanent residence information session**

Interested in staying and working in Canada after you graduate? A Regulated Canadian Immigration
Consultant (RCIC) will present basic information on permanent residence (PR) pathways that may be available to you.

**Date:** Wednesday, Feb. 3  
**Time:** 9 – 11 a.m. MST

Register to attend »

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**Want more events?**

Check out our event calendar to find more events and workshops specifically for international students.

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**Tackle real-world problems with UCalgary International**

**Global Community Challenge YYC**

Want to develop your teamwork, critical thinking, communication and intercultural capacity skills? By joining the Global Community Challenge, you'll get the chance to identify solutions for real-world problems faced by local organizations, alongside students from UCalgary's partner institutions around the world. Applications close Thursday, Jan. 21.

Learn more »