New to Calgary?

Wherever you’re arriving from, the Welcome Centre can help you navigate your transition to UCalgary and living in the city.

Open Aug. 18 - Sept. 2

Monday through Friday, 9 a.m. - 4 p.m.
International Student Services (MSC 275)

ucalgary.ca/welcome-centre
International Graduate Student Orientation

Wednesday, August 31, 2022 (10-11:30 am MDT)

International Student Services
& SES Colleagues
Welcome to the Land
Welcome from International Student Services (ISS)

Garrett Beatty, MA, RISIA
Intercultural Programs Advisor

• Coordinates USpeak Global language-sharing program-applications now open!
• Coordinates UCalgary Welcome Centre
• Intercultural capacity building programs and workshops
Welcome from
Vice-Provost, Student Experience

Verity Turpin

• Engages with students, staff, faculty and community stakeholders to champion the design and creation of student experience initiatives

• Primary resource for the leadership of the student experience strategic plan
Welcome from
International Student Services (ISS)

Lien Tran, MA, RCIC
Manager

• Manages ISS team members, programs, and advising support
• Regulated Canadian Immigration Consultant
Welcome from International Student Services (ISS)

Diana Jamal-Samborski, RCIC
International Student Specialist, Immigration

• CBIE - Immigration Advisory Committee Member
• Immigration advising on:
  • Study permit
  • Work permits (co-op and post-graduation work permits)
  • Temporary Resident Visa/eTA
  • Other Canadian immigration matters
Welcome from
International Student Services (ISS)

JaeEun Lee, RCIC-IRB
International Student Transition Support Advisor

• Advising to assist with getting settled in Calgary
• Coordinates International Student Mentorship Program
• Coordinates Pre-arrival Program for International Students
• Coordinates Welcome Webinars
Welcome from International Student Services (ISS)

Catherine Lee
Administrative Assistant

• First point of contact when you enter the ISS office and provides support to international students coming in for advising
• Oversees social media and communications for ISS
International Student Services

International Student Services (ISS) provides advice and programs to support all international students adjusting to studies at the University of Calgary and to life in Canada.

ucalgary.ca/student-services/iss

• Non-immigration: iss@ucalgary.ca
• Canadian immigration: issimmigration@ucalgary.ca
Online videos, information, & resources:

uclalgary.ca/student-services/iss/resources/new-international-student-checklist

- After You’ve Received Your Letter of Acceptance
- Before you Travel to Calgary
- Landing at the Calgary International Airport
- Getting Settled
- Navigating a new culture
- And more...
Scarves!
Important Notices

• **Washrooms:**
  - Right outside of the ballroom
  - Gender neutral washrooms, down the stairs on the 2nd floor by the Q Centre

• **If there is an Emergency:**
  - Collect belongings
  - Calmly evacuate
  - Follow staff
  - Assembly point in Kinesiology B
Agenda for Today

• Immigration information
• Canadian health insurance and other important settlement information
• Resources across campus
• Student panel
• Lunch
Immigration Essentials: International Student Services
Quick Topics of Discussion

1. When to see an Immigration Advisor
2. Work Authorization in Canada as an international student (general overview)
3. Travelling as an International Student
4. Study Permit Extensions (general overview)
Top Reasons To See an Immigration Advisor

1. Work Eligibility in Canada as a Student
2. Extending your Study Permit
3. Travel outside Canada
4. **Before** making changes to your academic status at UCalgary
   (i.e.: part-time studies, taking a gap year etc..)
Working in Canada – Undergraduate Students
Working in Canada – Graduate Students

• You MUST have a VALID STUDY PERMIT
• You MUST be registered FULL-TIME
• You may work ON-CAMPUS
  • No limitation on number of hours
  • Can work as a research assistant (RA) and teaching assistant (TA) full-time on-campus.
• You may work OFF-CAMPUS
  • ONLY IF, your study permit authorizes you
    • If authorized, you cannot work more than 20 hours a week off campus.
• You may be eligible to obtain a work permit upon graduation (PGWP) (Degree seeking students only. Visiting Student Researchers/ Exchange Students are not eligible for a PGWP).

Note: Graduate students are often not eligible to participate in a full-time off-campus internship, please connect with ISS prior to working off campus more than 20 hours/week.
Social Insurance Number (SIN)

You need to apply for it.

- You can apply in-person at a Service Canada office, online, or by paper (mail).
  - Learn more by visiting [How to Apply](#).

What you’ll need to apply:

- Passport
- Study permit
- Enrolment Verification Letter showing you are enrolled full-time
- Proof of Canadian residence

Important Information:

- You must be in Canada with a Canadian address to apply for a SIN.
- Your SIN’s expiry date will match your study permit’s expiry date.
Study Permit – Work Authorization

Employment Condition MUST be printed on your study permit in the Conditions and/or Remarks section(s).

Remarks/Observations:
MUST ACTIVELY PURSUE STUDIES AT A DESIGNATED LEARNING INSTITUTION. MAY ACCEPT EMPLOYMENT ON OR OFF CAMPUS IF MEETING ELIGIBILITY CRITERIA AS PER R186(F), (V) OR (W). MUST CEASE WORKING IF NO LONGER MEETING THESE CRITERIA.

***THIS DOES NOT AUTHORIZE RE-ENTRY/CECI N'AUTORISE PAS LA RÉ-ENTRÉE***
Travelling as an International Student

Ensure you have:
✓ Valid passport
✓ Valid study permit
✓ Valid visa or eTA (whichever is applicable)

*Must have ALL three (3).

*Exception: American citizens. Exempted from visa or eTA requirement.
Temporary Resident Visa (TRV) &
Electronic Travel Authorization (eTA)

**eTA**

Documents you must bring with you to get your study permit:

- a valid passport or travel document.
  - Your study permit won’t be valid beyond your passport’s expiry date.
- a valid temporary resident (visitor) visa (TRV) or Electronic Travel Authorization (eTA), if required.
  - Your eTA is valid for multiple visits to Canada, until 2024/10/12. Your eTA number is xxxx and is linked to the passport you used when you applied to study in Canada. If you obtain a new passport before 2024/10/12, you will need to apply for a new eTA by visiting [www.canada.ca/eTA](http://www.canada.ca/eTA).

**TRV**

Verify ETA:
[EService - Immigration, Refugees and Citizenship Canada (cic.gc.ca)](http://cic.gc.ca)

Verify TRV in MyIRCC Account

![TRV example image]
Every entry to Canada is a new examination. You must meet all entry requirements EVERY time you seek entry to Canada.
Entry Stamps & Electronic Travel Authorization (eTA)

LOOK AT THE DATE WRITTEN BY THE OFFICER
Study Permit Extensions
Maintaining your Status in Canada

You are responsible for maintaining legal status in Canada.

Know your expiry date!!
Extending your Study permit

• Apply to extend your study Permit 90 - 120 days before it expires

• Recommended:
  • Set a notification/reminder for 3-4 months before the expiration date of your study permit
  • Set a 6-month reminder for your passport’s expiration date
    • You must have a valid passport to renew your study permit.

• Visit the ISS website or connect with an immigration advisor by email, virtually or in-person to lean more on how to extend your study permit
  • [www.ucalgary.ca/student-services/iss/advising/international-student-services-advising](http://www.ucalgary.ca/student-services/iss/advising/international-student-services-advising)
  • E-mail: issimmigration@ucalgary.ca
Study Permit

Document number (F)
UCI (Unique Client ID)
Upcoming Immigration Sessions

➢ September 7, 2022: 1:30pm MDT – 2:30pm MDT

Graduate Students: Working in Canada: Resumes, Interviews and Work Permits

➢ Virtual joint presentation with Career Services.
➢ Registration Required.

➢ September 30, 2022: 10am MDT – 12pm MDT

➢ Permanent Residence Information Session
➢ In-person, MSC 275 boardroom and limited to 30 participants.
➢ Registration Required.
➢ Registration will be made available mid-September.
Career Services

Career Development and Life Design

Ariane Guan
Career Development Specialist, International Students
How Can We Help?

Career Development Appointments:

- Resume/CV and Cover Letter Writing
- Interview Preparation
- LinkedIn and Digital Presence
- Job Search and Networking
- Career Planning and Exploration
- Canadian Workplace Culture
- Your Rights as an Employee in Canada
Career Events

• Career Workshops
• Employer Info Sessions
• Career Fairs

Register on Elevate.Ucalgary.ca
(Connect with Career Services)
How to Find Us?

Ariane Guan,
Career Development Specialist, International Students

Ariane.Guan@ucalgary.ca

To book an one-on-one appointment:
visit elevate.ucalgary.ca
(Connect with Career Services → Book Career Advising → Available Appointments)

In-person and Zoom appointments are available

Career Services Office

Location: MSC188 (near Book Store)
Phone: 403-220-8020
Website: https://www.ucalgary.ca/student-services/careers

Hours for Drop-in Advising:
Monday 9am -10:30am (Virtual only)
Tuesday 2:30pn – 4pm (In-person only)
Wednesday 10:30am – noon (Virtual Only)
Thursday Noon – 1:30pn (Virtual only)
Friday Noon-1:30pm (Virtual Only)
Medical Insurance: International Student Services
Medical Insurance: You Need It!

• You need adequate insurance to cover any medical care or accidents while you are in Canada.
• Without medical insurance, you will have to pay the full cost of medical treatment which is very expensive (thousands of dollars).
• With medical insurance, many of these possible expenses are covered.
Your Medical Insurance

Do you have insurance coverage?

Do you know what is covered and how to use it?

Where can you go if you have questions?
## Do You Have Insurance Coverage?

<table>
<thead>
<tr>
<th>Exchange/Visiting</th>
<th>Degree-seeking</th>
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</thead>
<tbody>
<tr>
<td>Private insurance</td>
<td>• AHCIP +</td>
</tr>
<tr>
<td></td>
<td>• GSA Health and Dental Plan</td>
</tr>
</tbody>
</table>

Less than 12 months | 12 months or more
Degree-Seeking Medical Insurance Summary

Before you Arrive

Travel/Emergency Health Insurance:
ISS encourages all students to purchase medical insurance for the period of time while you are travelling to Calgary, and for a buffer until the AHCIP & GSA plans are active.

While in Alberta

GSA or SU Health & Dental Plan:
Full-time students are automatically registered (see on your tuition & fees). If you start in September 2022, your coverage starts September 1, 2022.

Alberta Health Care Insurance Plan (AHCIP):
You must register. If you are eligible, once you have your card, insured services are free.
Health Insurance (Masters, PhD)

- GSA or SU Health and Dental Plans
- AHCIP

12 months or more
Alberta Health Care Insurance Plan

• AHCIP is free and covers **basic services:**
  - visits to the doctor
  - lab costs
  - hospital costs if you are admitted

• AHCIP **does not** cover:
  - Prescription drugs
  - Rehabilitation needs
  - Dental services
  - Ambulance transport

https://www.alberta.ca/ahcip-temporary-residents.aspx
https://www.alberta.ca/ahcip-what-is-covered.aspx
https://www.alberta.ca/ahcip-coverage-outside-alberta.aspx
Alberta Health Care Insurance Plan

• You are not automatically enrolled.
• Fastest to apply in-person at a registry office
• Bring:
  • Proof of Residency (e.g. your lease/rental agreement)
  • Government issued photo identification (passport)
  • Canada entry document (study permit)
• You will fill-out an application form at the registry
  • https://www.alberta.ca/ahcip-how-to-apply.aspx

The Registry Express in North Hill Mall is nearest campus.
@ Lions Park train station (2 south of campus)
www.registryexpressinc.ca/
Search for a registry near you: servicealberta.gov.ab.ca/find-a-registry-agent.cfm
Alberta Health Care Insurance Plan

• Your AHCIP card has an expiry date.
  • should be the same date as the "valid until" date noted on your Canada entry document.

• If you are waiting for an extension of your Canada entry document, you may be eligible for a one-time only temporary extension.

• Set reminders for expiry dates in advance.

• Contact AHCIP office before your study permit expires.

• [https://www.alberta.ca/ahcip-temporary-residents.aspx](https://www.alberta.ca/ahcip-temporary-residents.aspx)
Important considerations:

• Under 18 years old— you cannot register alone
  • Need a guardian or arrange private insurance until able to register when 18

• If you have a spouse or children— you would register together if they are eligible for coverage
  • Spouse
  • Children under age of 21

• If you have moved to Alberta directly from another Canadian province or territory—you have a 90-day waiting period
GSA Health & Dental Plan

This plan is managed by the Graduate Student Association and helps to cover things not covered through the AHCIP, like:

- Prescription medication
- Dental services
- Vision services
- Ambulance transport

- All full-time students are automatically enrolled
- Add family members (Opt In) or Opt out if you have private insurance
  - Change-of-Coverage Period: September 2 - 23, 2022
Health & Insurance Related Workshops

• Health Insurance System in Alberta with AHS
  • Monday, Sep 19, 12-1:30 pm (zoom)

• Your Health Care Choices with AHS
  • Thursday, Sep 22, 12-1:30 pm (zoom)

• Choosing Healthy Foods in Canada with AHS
  • Wednesday, Sep 28, 12-1:30 pm (zoom)

events.ucalgary.ca/international-student-services
Important Contacts & Policies: International Student Services
Important Contacts

• **Healthlink: 811**
  - Speak with a registered nurse
  - Service available in multiple languages
  - 24 hour free phone line for non-emergency health concerns
  - Covid-19 testing, vaccination questions

• **Student Wellness Services:**
  - Confidential physical and mental health supports
  - [ucalgary.ca/wellness-services](ucalgary.ca/wellness-services)

• **Emergency: 911**
  - Fire, Ambulance, & Police
Safety and Security on Campus

• Campus Security
  ▪ Emergency phones on campus
  ▪ Closed Circuit Television
  ▪ Patrols campus

• Safewalk
  ▪ Call Campus Security
  ▪ One female and one male volunteer

• UC Emergency App
  ▪ Receive alerts and updates

403-220-5333
UCalgary Community Policies & Resources

• UCalgary Policies:
  • ucalgary.ca/legal-services/university-policies-procedures
  • Student Academic Misconduct Policy
  • Student Non-Academic Misconduct Policy
  • Sexual and Gender-Based Violence Policy
  • University of Calgary Harassment Policy

• Student Conduct Resources:
  • ucalgary.ca/student-services/student-conduct/resources

• Student Ombuds Office:
  • Contact us should an issue arise which requires answers. We will listen to your concerns, give you information about the university's policies and procedures, help you evaluate and assess your situation, and assist you in making plans to resolve the conflict.
  • ucalgary.ca/student-services/ombuds
Identification Cards
International Student Services
UNICARD- Student Identification Card

• Official student identification when:
  • on-campus,
  • on public transit (with your proof of fare)
  • accessing student discounts

• Access Card:
  • Library
  • Labs
  • Active Living

• Debit Card:
  • Printing
  • Meal plans
  • Uni Dollars

• ucalgary.ca/ancillary/unicard
Alberta Identification Card (Optional)

• Official identification (not equal to a Driver’s License):
  • ucalgary.ca/student-services/iss/resources/getting-around

• Apply at a registry office:
  • Enrolment verification letter
  • Study permit & passport
  • Proof of Alberta residence
    • lease/rental agreement or
    • bill, bank, credit card statement
  • alberta.ca/get-id-card.aspx

The Registry Express in North Hill Mall is nearest campus.
@ Lions Park train station (2 south of campus)
www.registryexpressinc.ca/
Search for a registry near you: servicealberta.gov.ab.ca/find-a-registry-agent.cfm
Scam Awareness: International Student Services
Signs of a Scam

• Suspicious phone calls from people posing as:
  • Canada Revenue Agency (CRA)
  • Immigration Officials
  • Alberta Health Services
  • Fake job postings
  • Fake apartment/house rental postings
  • Police

• Language to pressure you into a decision

• Language that is aggressive

• Demanding immediate payment
  • E-transfer
  • Bitcoin
  • Prepaid credit cards or gift cards

• canada.ca/en/immigration-refugees-citizenship/services/protect-fraud/newcomers.html
Examples of Fraudulent Texts & Calls

So in next **24 hours** we will be marking a **lien on your assets** and your bank accounts due to your **inability to settle your dues with the CRA**. A bill collection officer will **visit you soon** to complete the paper works. If you have any questions then call our tax default line. 888-745-0433, **I repeat it’s, 888-745-0433**. If you don’t call **immediately**, or if we don’t hear from your attorney either, then you will be **solely responsible for all legal consequences**. Goodbye.

Examples of current scams in Canada: [competitionbureau.gc.ca/eic/site/cb-bc.nsf/eng/04333.html](http://competitionbureau.gc.ca/eic/site/cb-bc.nsf/eng/04333.html)
How to Avoid Scams

• Keep your personal information and documents safe
  • SIN keep protected
  • Credit or banking information
  • Use caution before clicking links in texts or emails

• [link](https://canada.ca/en/employment-social-development/programs/sin/protect.html)

• Protect Yourself
  • Don’t answer calls from numbers you don’t recognize
  • Hang up—block phone numbers
  • Ask for a number to call back later
  • Research a potential rental property or job opportunity

If you are uncertain, please speak to ISS or someone you trust before taking any action or sharing any information
Renting Rights & Responsibilities: International Student Services
Know Your Rights & Responsibilities as a Tenant

- www.landlordandtenant.org/
  - Examples of rental agreements
  - Resources for new renters in Alberta

- Insure your belongings with “tenant insurance” or “contents insurance”
  - landlordandtenant.org/leases-and-agreements/proof-of-insurance/
  - Residence Services: www.ucalgary.ca/ancillary/residence/move-in/tenant-insurance

- ISS Resource & Webinars
Get Connected:
International Student Services
Getting Connected

• Residence Services - get to know your Community Advisor (CA)
• LSE Unwind Events
• Get involved with the GSA - join a subcommittee!
• Attend GSA social events
Staying Active

• Active Living
  • Fitness facilities
  • Racquetball and squash courts
  • Swimming pools
  • Running tracks
  • Skating rink
  • Bouldering and climbing wall
Building your community

• Faith & Spirituality Centre
  • Home Away from Home program
• Women’s Resource Centre
• Q Centre – SU Centre for Sexual & Gender Diversity
Activities with Spouses/Children

- GSA events and discounted tickets
- Calgary Public Library
- City of Calgary programs

What we’re learning

KIDS

Words and Wiggles
Explore all five senses through movement, play, story, and song.

FAMILIES

Child Minding
Participate in programs while your child is cared for in a safe and engaging environment.

NEWCOMERS

ESL Coffee & Conversation
Beginner level program to meet new people and practice your English.

https://www.ucalgary.ca/iss/advising/information-families
Student Success Centre
Lee-Ann Penaluna
Specialist, Academic Integrity

Find out more about programs and supports:
http://www.ucalgary.ca/ssc/international
Academic Integrity for International Students

Introducing academic integrity, exploring common scenarios and where to find resources, help and supports

Lee-Ann Penaluna
Specialist, Academic Integrity and Student Success Initiatives
Student Success Centre
askacademicintegrity@ucalgary.ca
Where is the Student Success Centre?

- Third floor of the Taylor Family Digital Library (TFDL)
Not sure where to go? Start at the SSC!

**Student Success Centre**
- can refer to...

- **Faculty Advising**
  - Advice on degree requirements and course registration

- **Libraries and Cultural Resources**
  - Research and referencing support

- **Wellness Services**
  - Medical and mental health supports

- **International Student Services**
  - Support for international students
SSC homepage

http://ucalgary.ca/ssc
# Summary: SSC Graduate Supports

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<th>Writing Support</th>
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<td><strong>Writing Tutors</strong></td>
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<td>Academic Development Specialists</td>
<td><strong>Writing Coordinator</strong></td>
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<tr>
<td>Learning Strategists</td>
<td><strong>Academic Integrity Coordinator</strong></td>
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<tr>
<td><strong>Bookings</strong></td>
<td><strong>Workshops</strong></td>
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<tr>
<td>50 minutes, 1 per 2 weeks (or as needed)</td>
<td>Writing at the Graduate Level</td>
</tr>
<tr>
<td><strong>Workshops</strong></td>
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<tr>
<td><strong>Events</strong></td>
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<td>Grad Success Week</td>
<td><strong>Graduate Writing Community</strong></td>
</tr>
<tr>
<td>GSA-NISC Academic Writing Workshops</td>
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</table>
Academic Advising
Appointments

• Academic skills and strategies
• Time management
• Motivation and support
• Candidacy preparation
• Presentation skills
• Mock defense
Writing support appointment

- Learn and apply strategies for writing more effectively
  - Structure
  - Development
  - Research skills
  - Mechanics
  - References

- Review work at any stage of the writing process
- Go over feedback

- Support for thesis/dissertation
Writing at the Graduate Level Workshop Series

- Critical thinking and scholarly writing
- Preparing your literature review
- Revising for sentence level errors
- Developing research proposals
- Strategies for writing graduate scholarships and other applications
- Academic integrity and using sources effectively
Graduate Writing Community

• Twice weekly intensive writing sessions (M/Th)
• Three hours per session
• Support from writing tutors

• Also available on the Foothills campus twice monthly (F)
• More information at: ucalgary.ca/ssc/graduatestudent
Grad Success Week

• Early in May
• Improve study skills and refine your writing process
• Designed to prepare students for summer research and writing
• 4 days of workshops
  • E.g. academic writing, research and citation, publication, supervisor relations, wellness, presentation skills...and more
International Support

- Transition information and support
- Academic strategies and skills
- Cultural and academic adjustment
- Language-building strategies

jen.parsons@ucalgary.ca
https://ucalgary.ca/student-services/student-success/learning-support/international
Academic Integrity
What is Academic Integrity?

• Academic integrity details can vary between different countries, cultures, and institutions.

• At the University of Calgary, we describe academic integrity as a commitment to and demonstration of honesty and responsible scholarship.

• All universities have a responsibility to uphold the academic standards of their degree programs.
  • Ensuring that degrees are awarded to those students that have earned them fairly and have demonstrated their own knowledge and expertise.

• By maintaining you academic integrity you are ensuring that your academic assessments represent your true academic accomplishments.
Top 10 Academic Misconduct Scenarios

1. Forgetting to cite and acknowledge the work of others in your papers.
2. Copying from instructor materials without citing the source.
3. Uploading instructor materials to file sharing websites.
4. Asking to see another student’s work as a guide.
5. Sharing your work to help a friend.
6. Getting someone else to write your paper for you.
7. Accessing exam answers or solutions to problems.
8. Giving other students, or online companies, the answers to exams or tests.
9. Discussing your assessment with another student.
10. Working as a group to complete an individual assessment.
Sources of Information

www.ucalgary.ca/academic-integrity

Academic Integrity

STUDENT HANDBOOK

1 Purpose
   a) support a strong culture of academic integrity at the University, including recognition that Academic Misconduct is a serious form of intellectual dishonesty with significant consequences;
   b) communicate the University’s expectations with respect to Student conduct of Academic Activities;
   c) promote recognition of the values of honesty and fairness in ensuring respect for the integrity of the teaching and learning relationship and advancing the ethical pursuit and transmission of knowledge; and
   d) support complementary efforts to promote academic integrity.

2 Scope
   2.1 This policy applies to Students’ conduct in Academic Activities.
   2.2 Allegations of Academic Misconduct relating to research may be investigated in accordance with the Research Integrity Policy or this Policy. The Dean considering the allegation will determine which policy should apply. If the allegation of Academic Misconduct relating to research involves a graduate student, the Dean will first consult with the Dean of the Faculty of Graduate Studies. If the Dean has any doubt about which policy should apply, the Dean will consult with the Vice-President (Research), the Vice-Provost (Student Experience), and University Legal Services.
   2.3 This policy does not apply to:
      a) Academic Achievement Decisions
      b) Applicant conduct. It does apply to a Student’s Academic Misconduct in submissions to the University at the time they were Applicants;
      c) Student conduct in non-academic activities; and

The electronic version obtained from www.ucalgary.ca is the official version of this document.
Sources of Information

www.ucalgary.ca/academic-integrity

Academic Integrity

Academic integrity is a core value of the University of Calgary. At UCalgary, academic integrity is a commitment to, and the demonstration of, honest and responsible scholarship. Maintaining academic integrity while earning your degree represents your true academic accomplishments.

Workshops

Attend one of our interactive workshops to help build your citation skills and learn how to appropriately collaborate with your peers.

Plagiarism and Strategies to Avoid It

Are you worried about unintentionally plagiarising? This workshop will define plagiarism, explain the differences between quoting, summarising and paraphrasing the work of others and will provide you with a number of strategies for using sources effectively in your own academic writing.

Academic Integrity: Collaborating with Peers

Students are tasked with working collaboratively in courses, yet are also required to submit individual assignments whilst in group-work situations. Understanding the subtle differences between learning collaboratively with other students and ensuring that you are submitting work that fairly demonstrates your own competence is important to your success in university.

Academic Integrity: Online Learning

Taking exams and quizzes online, participating in online discussion forums and the increased use of social media platforms all provide opportunities for unintentional academic misconduct to take place when learning online. This workshop explores a range of potential academic misconduct scenarios that students may encounter.
Sources of Information

www.ucalgary.ca/academic-integrity

Academic Integrity

Academic Integrity 101
An Introduction to Academic Integrity
Sources of Information

www.ucalgary.ca/academic-integrity

Pre-arrival Program for International Students - Fall

Academic Integrity for International Students

Are there any other supports?

Lesley is completing a paper and realizes that she has not kept a good track of the sources that she used. While she has tried to cite everything correctly, she thinks that there may be some sources that she has not cited. She figures that if most of the paper is cited and she didn't mean to miss out those last few citations, this won't be plagiarism. Is she correct?

☐ No

☐ Yes
Accessing Help and Support

Student Academic Misconduct Policy & Procedure
Student Academic Integrity Handbook
Academic Integrity Specialist
Faculty (Instructor/ T.A.)

Student Success Centre
Academic Integrity D2L and webpage
Libraries and Cultural Resources
Student Wellness Services
Academic Integrity for International Students

Introducing academic integrity, exploring common scenarios and where to find resources, help and supports

Lee-Ann Penaluna
Specialist, Academic Integrity and Student Success Initiatives
Student Success Centre
askacademicintegrity@ucalgary.ca
Student Wellness Services

Lucy K Amadala, Ph.D., R. Psych
Counsellor
Student Wellness Services
University of Calgary
Your Wellness in Grad School

• **Physical Health**
  • Medical Clinic
    • FPs, Psychiatrists & Mental Health Nurse
  • Allied health
    • Massage
    • chiropractor

• **Mental Wellness**
  • Counselling
  • Other supports
Mental Wellness

• Counselling- R. Psychologists & Clinical Social Workers
  • Individual
  • Groups
  • Workshops
  • Outreach

• Student Support Advisers- RSW
  • Case management
  • Outreach
  • Harm reduction
    • https://www.ucalgary.ca/sitesearch?m=&as_q=harm+reduction
Culture Shock:
a Common Challenge Related to Moving to a New Environment

• **Def:** a natural state of psychological and physical disorientation one may experience in response to encountering a new environment

• **Signs:** Physical, Emotional/Psychological, social, academic, spiritual

• **Management:**
  - Book an appointment with a counsellor online or call SWS during working hours to book a counselling appointment
  - [https://www.ucalgary.ca/wellness-services/services/mental-health-services](https://www.ucalgary.ca/wellness-services/services/mental-health-services)
Links to Resources

- www.communicaid.com/cross-cultural-training/blog/what-is-culture-shock/
- https://www.ucalgary.ca/wellness-services/services/mental-health-services
- http://www.ucalgary.ca/wellness-services
  Email: swsmentalhealth@ucalgary.ca
  Phone: 403-210-9355

24- Hour Helpline: Calgary Distress Centre

https://www.distresscentre.com/
Text and Chat service is available

Phone: 403-266-4357
Sexual and Gender-Based Violence Support
Student Wellness Centre
where to find sexual violence support at ucalgary?
sexual violence is when someone forces or manipulates someone else into sexual activity that they don't want.
**gender-based violence** is when someone discriminates against someone else by targeting their sex, gender, or sexual orientation.
at UCalgary, the **SGBV Support and Response Office** can help anyone who has experienced sexual or gender-based violence.
Meetings with **Carla** and **Katie** are confidential. They can help you figure out what kind of support you need to thrive at UCalgary.
to access our support, email svsa@ucalgary.ca and ask for an appointment. Carla or Katie will get back to you within two business days.
International Orientation: Graduate Student Panel
Introduction to Student Panelists

• Carolina Tamayo
• Cong Luo
• Rafee Al Ahsan
What is life like in Calgary?

What are some fun activities you like to do in Calgary?
From your experience, what is one of the most valuable services or resources that you recommend international students use?
What’s one thing you wish you knew when you first started your studies?
Upcoming ISS events

Welcome Social Events with ISS: Eat n' Chill
From Afrobeats to K-pop music, join International Student Services for our eat and chill event!

Welcome Social Events with ISS: Guess the ...
Want a fun way to meet your fellow students, while playing an entertaining game to test your memory? Join International Student Services for a fun...

Welcome Social Events with ISS: Virtual Bin...
Do you have any interesting experiences you would like to share? Join International Student...

International student support and workshops

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sep 8</td>
<td>11:00 am to 12:00 pm</td>
<td>REMOTE: Offer...</td>
<td>Transitioning to first year as an Int... Join Jennifer from the Student Success Centre for a small group session with other first year international students...</td>
</tr>
<tr>
<td>Sep 9</td>
<td>6:30 pm to 7:30 pm</td>
<td>REMOTE: Offer...</td>
<td>Transitioning to first year as an Int... Join Jennifer from the Student Success Centre for a small group session with other first year international students...</td>
</tr>
</tbody>
</table>
| Sep 15 | 9:00 am to 10:00 am | Zoom     | Healthcare & Medical Insurance i... This session is for any international student (undergraduate, graduate, exchange, visiting) who is planning to ...
| Sep 16 | 9:00 am to 10:00 am | Zoom     | Resources for Students with Famili... This session is for any international student (undergraduate, graduate, exchange, visiting) who has children ...
| Sep 16 | 2:00 pm to 3:30 pm | Online   | Networking for introverts (and ext... |
| Sep 22 | 10:00 am to 11:30 am | Zoom     | How to write a Canadian resume ... This is a specialized webinar created specifically to meet the unique needs of international students. |
Connect with us on social media

@ucalgaryiss on both Instagram and Facebook
More Events for You

Graduate Student Orientation...right after this!

- Wed, August 31, 1:00PM

LDL Welcoming Social

- Wed, August 31, 4:00PM
Navigating Your UCalgary Community

ucalgary.ca/current-students/student-services
Thanks for attending!

- Grab your boxed lunch and enjoy!

Graduate Student Orientation resumes at 1 pm in the MacHall A/B
Follow the GSA Volunteers!