

Quarantine Information for Students

Winter 2021

All students arriving in Calgary from outside of Canada (directly or indirectly) are required by the Government of Canada to undergo a 14-day quarantine period.

Here are the steps you need to take:

1. BEFORE YOUR ARRIVAL

Review the following:

- [Government of Canada Emergency Order](#) under the Quarantine Act
- [Requirements for travellers to quarantine](#)
- [Isolation Requirements](#) from Alberta Health Services

Prepare a quarantine plan-prior to travel. Download the [ArriveCAN](#) app and provide the information to Border Services two days in advance of flight.

Inform UCalgary (sphi@ucalgary.ca) of your quarantine plans.

Update UCalgary (sphi@ucalgary.ca) on any changes to your quarantine plans.

Complete the UCalgary [online arrival form](#) once you have confirmed arrival date.

2. ARRIVING IN CALGARY

Confirm when you arrive in Calgary by emailing the University of Calgary at sphi@ucalgary.ca. Please ensure you do not miss this important required step.

Travelling to your place of quarantine

Using public transportation (buses or trains) to your place of quarantine is not allowed.

In cabs or rideshares, you must:

- wear a mask
- sit as far away from the driver as possible
- not share rides
- handle your own luggage
- avoid stopping along the way (any stops must be essential, and you must not leave the vehicle)

3. AFTER YOUR ARRIVAL

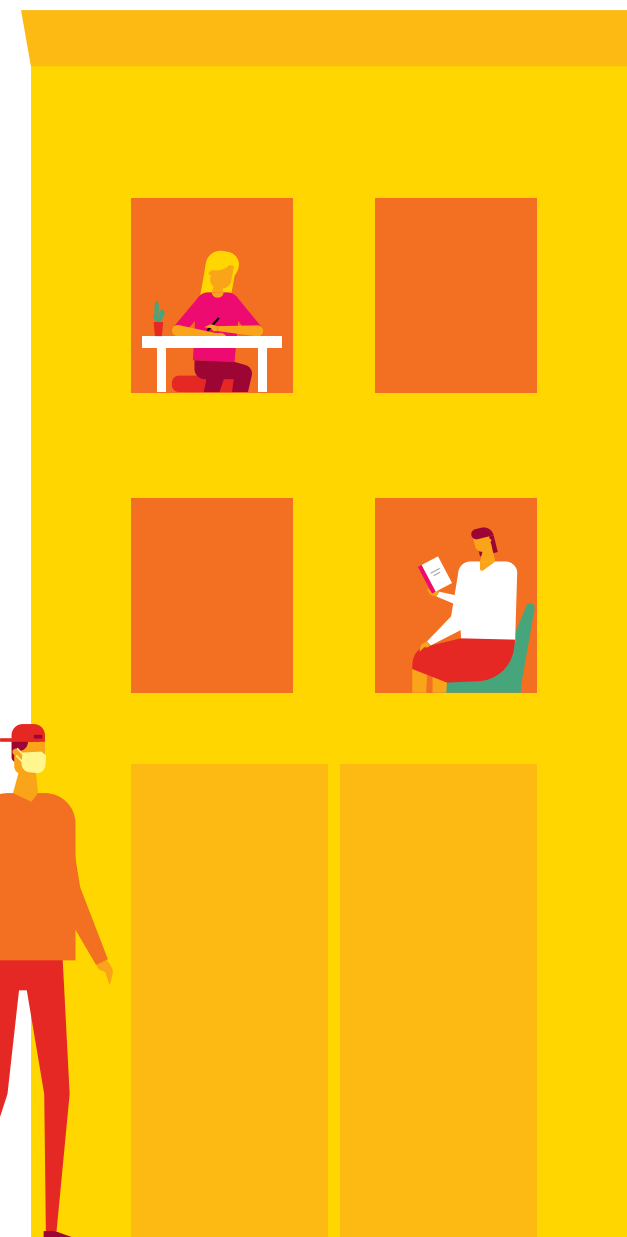
Confirm, using the [ArriveCAN](#) app, that you've arrived at the address you provided for your quarantine. You must do this within 48 hours of your entry into Canada.

Complete, using the [ArriveCAN](#) app, daily COVID-19 symptom self-assessments during your quarantine period.

Complete the mandatory forms you will be emailed daily from the University of Calgary. These forms will request information on how you are doing in quarantine.

Reach out for help if you need assistance. We are here for you:

- Undergraduate students: iss@ucalgary.ca
- Graduate students: deangrad@ucalgary.ca
- Continuing Education students: conted@ucalgary.ca



Effective January 7, documentation of a negative COVID-19 test must be presented to the airline prior to boarding a flight to Canada. The test must be performed using a COVID-19 molecular polymerase chain reaction (or PCR) test and must be taken within 72 hours prior to your scheduled departure to Canada.

Click [HERE](#) for more details