**Quarantine Information for Students**

**Fall 2020**

Effective August 18, until further notice, all students arriving in Calgary from outside of Canada (directly or indirectly) are required by the Government of Canada to undergo a 14-day quarantine period.

Here are the steps you need to take:

1. **BEFORE YOUR ARRIVAL**

   **Review** the following:
   - Government of Canada Emergency Order under the Quarantine Act
   - Requirements for travellers to quarantine
   - Isolation Requirements from Alberta Health Services

   **Prepare** a quarantine plan prior to travel. Download the ArriveCAN app and provide the information to Border Services two days in advance of flight.

   **Inform** the University of Calgary (sphi@ucalgary.ca) of your quarantine plans.

   **Update** the University of Calgary (sphi@ucalgary.ca) on any changes to your quarantine plans.

2. **ARRIVING IN CALGARY**

   **Confirm** when you arrive in Calgary by emailing the University of Calgary at sphi@ucalgary.ca. Please ensure you do not miss this important required step.

   **Travelling to your place of quarantine**
   - Using public transportation (buses or trains) to your place of quarantine is not allowed.
   - In cabs or rideshares, you must:
     - wear a mask
     - sit as far away from the driver as possible
     - not share rides
     - handle your own luggage
     - avoid stopping along the way (any stops must be essential, and you must not leave the vehicle)

3. **AFTER YOUR ARRIVAL**

   **Complete** the mandatory forms you will be emailed daily from the University of Calgary. These forms will request information on how you are doing in quarantine.

   **Reach out** for help if you need assistance. We are here for you:
   - Undergraduate students: iss@ucalgary.ca
   - Graduate students: deangrad@ucalgary.ca
   - Continuing Education students: conted@ucalgary.ca

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We look forward to welcoming you!