

GOAL SETTING

SOME POSSIBLE AREAS:	<u>Academic</u> <ul style="list-style-type: none"> • Attitude / motivation • Identity as student • Skills and learning 	<u>Personal Development</u> <ul style="list-style-type: none"> • Achievements • Outlook on life • Weakness / strength • Interests 	<u>Free Time / Hobbies</u> <ul style="list-style-type: none"> • Variety • Development • Skills and talents 	<u>Athletics / Health & Wellness</u> <ul style="list-style-type: none"> • Conditioning • Performance • Team player • Leadership, commitment
GENERAL DESCRIPTION:				
MAKE IT SMART	S pecific			
	M easurable			
	A ttainable			
	R elevant			
	T ime-Bound			
SMART GOAL:				