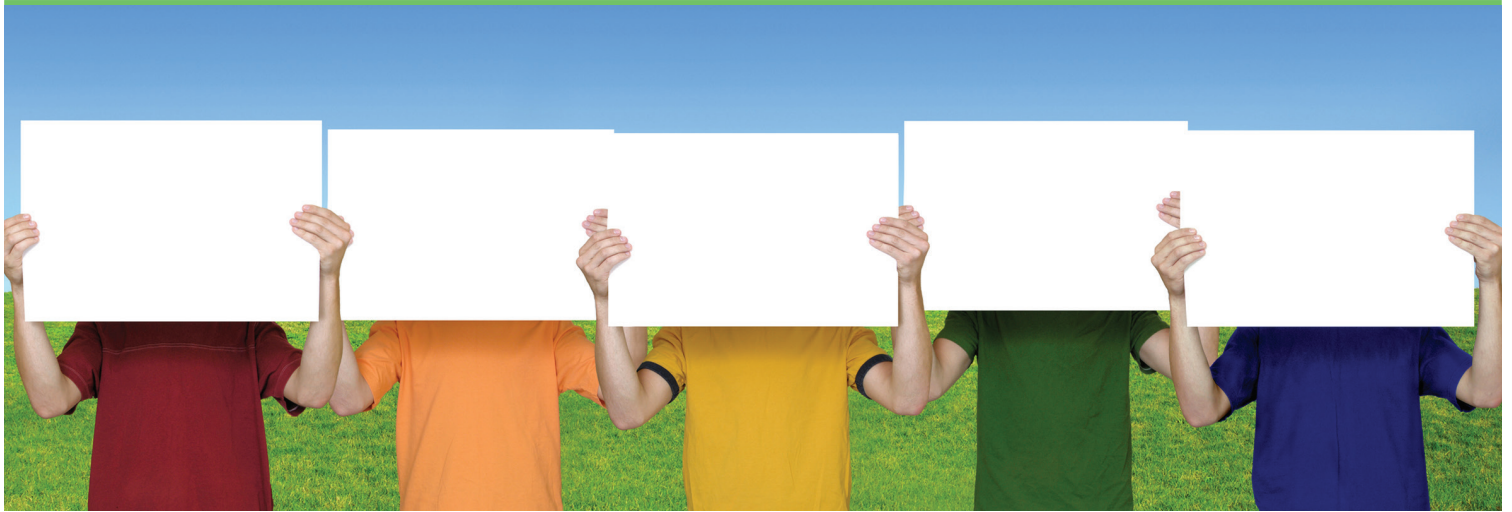


# Taking Control of Your Career



## Is your career everything you had hoped it would be?

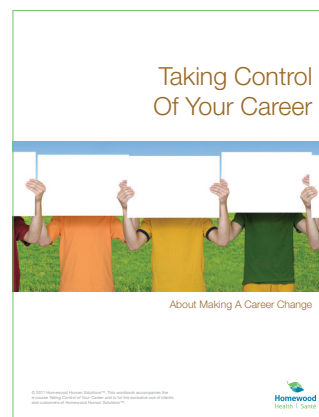
A satisfying career comes about as a result of strategic career moves—planned actions that you initiate based on your vision of where you want to be and how you are going to get there. This course will help you learn about your skills, values, interests, and what gives meaning to your life, from the perspective of your career.

### Course Contents

- Whether you should change jobs altogether or try to make changes to the job you already have.
- How to target the job you want by examining your skills, interests, values, priorities, and personality.
- How to best deal with the practical changes of job search and career change, including: financing your transition period, managing your time, staying motivated and overcoming fear and worry.

### Additional Features

- Self-guided workbooks for completing offline.
- Resources for continued learning.
- Course certificate can be printed following successful completion of course learning quiz.



**ENROLL NOW!**

Enrollment may be covered by your benefit plan employee assistance services. Our website will help you determine this. To register, learn more about this course or learn about other courses we offer, visit Member Services at [www.homewoodhealth.com](http://www.homewoodhealth.com).

Estimated time to complete this course is 2 hours (60 minutes online; 60 minutes of printed workbook material).



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