

Course Outline KNES ATTH 491: Advanced Practicum in Athletic Therapy

Instructor: Dale Butterwick

Phone: 403-220-7546

Email: butterwi@ucalgary.ca

Office: KNB 434

Office By appointment

Hours:

Room: KNA 127

Days: Tue

Time: 8:00am-9:15

Course Description:

Practical case studies to develop leadership and problem solving skills applicable to Athletic Therapy issues. Practical experience in athletic equipment fitting, maintenance, selection, repair, and CSA certification.

Course Objectives:

To provide the student of athletic therapy with experiential learning in clinical and field settings, using a case study approach to:

- 1. Theoretical and practical experience in applying advanced on-field injury management in athletic injury care.
- 2. Practical experience in the role of Head Athletic Therapist with an interuniversity team. This responsibility begins on August 14, 2012. Mentoring and leadership for less experienced student therapists is a large part of this objective.
- 3. Practical experience in the application of clinical techniques to aid in athletic performance following athletic injury (6 hours per week).
- 4. Effective communication strategies between athletes, coaches, and the health care team.
- 5. Leadership in athletic therapy using principle based decision making.
- 6. An understanding of health care professionalism.

Required Text

Covey, Stephen R (1989). The Seven Habits of Highly Effective People. A Fireside Book.

Contacting the Instructor:

Students requiring assistance are encouraged to speak with their instructor during class or office hours. Should you wish to meet with the instructor outside of office hours, please phone or email the instructor to make an appointment.

Email, while commonly used, does limit the effectiveness of communications and may not be the best way for instructors to answer student questions. For personal communication e-mail will be used to establish a meeting time and place if a meeting is necessary. Written assignments must be e-mailed and a Hard Copy presented on the due date is mandatory.

Grading Scale:

Grade	Percent	Grade Point Value	Description	
Α+	90-100	4.00	Outstanding	
Α	87-89	4.00	Excellent - superior performance, showing comprehensive understanding of subject matter.	
A-	84-86	3.70		
B+	80-83	3.30		
В	75-79	3.00	Good-clearly above average performance with knowledge of subject matter generally complete.	
B-	70-74	2.70		
C+	65-69	2.30		
С	60-64	2.00	Satisfactory – basic understanding of the subject matter. Grade point average below 2.00 is not sufficient for promotion.	
C-	58-59	1.70	Minimum grade required if needed as a prerequisite course.	
D+	55-57	1.30		
D	50-54	1.00	Minimal pass – marginal performance; generally insufficient preparation for subsequent courses in the same subject.	
F	0-49	0	Fail – unsatisfactory performance or failure to meet course requirements.	

Evaluation of Course Content:

Clinical Assignment	25%	
Field Supervising Team Therapist	25%	
Protective Equip Fit/Eval/Removal	10%	
Covey Personal Case Study	05%	
Journal Club Attendance	05%	
Written Assignments (Habits)	15%	(each Habit has specific questions)
Research Paper Review RTP	05%	
Peer Leadership	10%	

Late assignments are penalized 10% per day.

No final exam.

Additional Course Information:

The demands of this activity can be harmful to a student with physical limitations. It is the student's responsibility to inform the instructor of any physical limitations (including a recent positive PAR-Q) **prior to** participating in any activity class. Appropriate activity modifications will be made to accommodate these students.

Course Content:

Aug 14 until end of Training Camps

Mandatory participation in: team physicals (Aug 14-16), Impact testing, equipment fitting, equipment removal practice, team training camp practices, team clinical care. Individual and group time and date requirements will be provided immediately prior to, or during training camps. These mandatory requirements are marked by the certified CATA professional staff. Written assignment questions for the Steven Covey "7

Habits of Highly Effective People" readings will be e-mailed to you prior to the start of training camps. Readings for Return to Play (RTP) assignment will be presented Sept 18, 2012.

Class Schedule

August 20 Group 1, 10:00am - Noon

Group 2, 1:00pm-3:00pm

Introduction of course,

Covey Readings to be completed in advance: Foreword, Inside-Out, The

Seven Habits – An Overview,

Habit 1 (Be Proactive), Written Assignments 1

August 22 Group 1, 10:00am-Noon

Group 2, 1:00pm-3:00pm

Covey Readings to be completed in advance: Habit 2 (Begin with the End in Mind), Habit 3 (Put First Things First)

Written Assignment 2 and 3 Due

August 24 Group 1, 10:00am-Noon

Group 2, 1:00pm-3:00pm

Covey Readings to be completed in Advance: Habit 4 (Think Win/Win) Written Assignment 4 Due, ALL FUTURE CLASSES will be 8:00am-9:15 on

Tuesdays

Tue September 11 First Class: Clinical Assignments, Remaining Assignments, Return to Play, Conceptual Model,

Cowboy Ethics, Readings for RTP assigned today.

Tue Sept 18 Habit 5 (Seek First to Understand)

Tue Sept 25 Habit 6 (Synergize)

Tue, Oct 2 Equipment Fitting, (Date may change)

Tue Oct 9 No Class Tue Oct 16 No Class

Tue Oct 23 CATA/AATA Ethics
Tue Oct 30 Abuse/Harassment

Tue Nov 6 No Class Tue Nov 13 No Class

Tue Nov 20 Habit 7 (Sharpen the Saw),

Tue Nov 27 No Class
Tue Dec 4 Last Class, RTP

Guest Instructor of ATTH 491 Bonnie Sutter CATA© (bsutter@ucalgary.ca)

Supplementary Course Information In accordance with the University of Calgary Calendar

Academic Accommodation Awareness Information: It is the student's responsibility to request academic accommodation. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the commencement of this course. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation.

Plagiarism/Cheating/Ot her Academic Misconduct: (see Calendar) A <u>single</u> offence of heating, plagiarism, or other academic misconduct is a serious act that will not be tolerated in the Faculty of Kinesiology. Penalties for such acts will be determined by the Dean and may result in a failing grade, probation, suspension, or expulsion. Any student who is uncertain if an action falls into this category should consult the instructor and/or the Calendar.

Midterm Exam Policy:

The Faculty of Kinesiology policy is that all students are expected to write midterm exams on the dates listed on the course outline. Special accommodation may be granted by the instructor in exceptional circumstances only which include illness, participation in athletic events (varsity, national or international), domestic affliction, and religious conviction. It is the student's responsibility to supply proper documentation and/or notification prior to the originally scheduled midterm to support their circumstance. Personal travel plans and arrangements are not valid reasons for requesting a special accommodation for a midterm exam. Failure to comply with this policy will result in a grade of zero for the midterm and possible failure in the course.

FOIP Policy:

Please note that the University is under the jurisdiction of the provincial Freedom of Information and Protection of Privacy (FOIP) Act. Please refer to the website for details: http://www.ucalgary.ca/secretariat/privacy

Internet and Electronic Communication Device Information: Any surfing of the Internet during lectures that is not directly related to the class discussion is distracting and strictly forbidden. Additionally, the use of any electronic devices (e.g., cellular phones, Blackberrys) for e-mailing, texting, etc. is strictly prohibited. Please turn OFF your phone before the beginning of each lecture.

Instructors have the authority, at the discretion of the dean of their faculty, to require that specific course assignments, term papers and academic exercises be submitted in an electronic format. Instructors cannot require that multiple copies of an assignment be submitted.

Emergency Evacuation/Assembly Points:

For classes in the Kinesiology buildings Primary assembly point is the MacEwan Student Centre - North Courtyard and the Alternate assembly point is University Theatres Lobby

Safewalk Information:

Safewalk volunteers walk people safely to their destination on campus (including Health Sciences, Children's Hospital, McMahon Stadium, and University LRT station). This service is free and available to students, staff and campus visitors. Call 403-220-5333 (24 hours a day/7 days a week/365 days a year).

Student's Union:

The Kinesiology Representative is Calindy Ramsden - E-mail: kinesrep@su.ucalgary.ca.